

The Davers Club, Bury St Edmunds

Discover a unique day club for older people

**Free
taster
session**

Welcome to the Davers Club, providing flexible day care for older people who are still living independently.

Our club is the ideal place for your loved one to come and enjoy fun and stimulating activities and to make new friends, all in comfortable surroundings. It also gives you, their carer, the chance to have some time to yourself - whether it's a couple of hours or up to a whole day.

Everything we do is focused on helping your loved one to maintain an active and healthy lifestyle, whether they're into gardening, cooking, gentle exercise or quizzes.

Time for you

The Davers Club is as much about you, the family carer, as it is about your loved one. As a carer it's easy to put your own needs last. Let us take care of your loved one while you enjoy some well deserved time to yourself, whether you need to go shopping, meet a friend or simply relax. Our current club members' families say they always return to their caring role refreshed and re-energised having had some time to themselves.



Typical club activities

- Gentle exercise
- Current affairs
- Gardening
- Flower arranging
- Music quiz
- Book club
- Baking
- Reminiscence
- Art and craft
- Tea dance
- Bowls
- Aromatherapy

Who will you meet at the Davers Club?

Many of our club members are still living in their own homes but find that getting out and about on a regular basis gives them something to look forward to, keeps them independent and actually makes life back at home easier.

The club also holds sessions for members who are living with Alzheimer's and other forms of dementia. These sessions are managed by carers who are highly experienced and trained in caring for older people with this condition.

Members can also use the facilities at the adjacent Davers Court care home, which include a cinema, hair salon and coffee shop.

The support you deserve

Our experienced carers at the Davers Club are here to support you and your loved one by delivering high quality, flexible care. Talk to them today to find out how they can help you.

How it works

- Open Monday to Friday
9.30am – 4.00pm
- Buy a day package, or pay by the hour
 - Day packages start from £50 and include a home cooked three-course lunch
 - Book by the hour at £9 per hour. Add lunch for only £4.50
- Enjoy fun, stimulating activities to suit all tastes. There's also space for quiet time
- Hairdressing and pamper sessions are also available at an extra charge

Full terms and conditions are available on careuk.com

**The Davers Club, Shakers Lane,
Bury St Edmunds IP32 7BN**

To join the club call **0333 321 1982**



**Free
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Why not come along and give it a go?

This voucher[†] entitles the holder to a free taster session at the Davers Club.

Book your free session by calling
0333 321 1982

[†] Terms and conditions apply. The free taster session is for new privately funding members only. The offer cannot be used more than once and is subject to availability.