

Specialist residential services
Aberdeen



Rediscovering independence

**Tailored ABI, spinal injury and stroke care
at Craig Court**





Welcome to Craig Court

Here in our homely residential setting, we help adults of all ages who have an acquired brain injury (ABI), spinal cord injury, or who have had a stroke to develop independent living skills in a safe and managed environment.

Tailored, quality care

Our close knit team of nurses, carers, physiotherapists, occupational therapists, neuropsychologists, speech and language therapists work with our visiting GPs and Consultants to create tailored care plans for each individual, supporting them on the way to neurological rehabilitation and supported or independent living.

Integrated and ongoing

Craig Court offers 10 short term residential places for people who require intensive rehabilitation, as well as 6 long term residential places for people with ongoing specialist care and support needs. We offer the option of extending support on a self funded basis after discharge from Craig Court through Care UK's community based service.

Highest standards of excellence

A trusted service

The Care Inspectorate Scotland has awarded Craig Court with the highest possible scores in accordance with the Inspectorate's quality standards. We also offer the reassurance of being part of Care UK, the UK's largest provider of independent health and social care services.

We've over 30 years' experience in this sector and are recommended by local authorities, GPs and private customers nationwide. We're also accredited by the sector's regulatory bodies.

At Craig Court we strive to maintain the dignity, privacy and individuality of each person we support. We work with residents and their families to involve them in all aspects of the care, including developing a tailored plan of support. And when you visit us you'll immediately notice the warm and caring atmosphere here, and the sensitivity of our team to the changing needs of the people they support.

A man with short dark hair, wearing a dark blue jacket over a dark t-shirt, is smiling broadly. He is standing in front of a sign that says "ICE SKATING" with a downward arrow. In the background, another person is partially visible, and the setting appears to be an outdoor or semi-outdoor recreational area.

“Craig Court provides the specialist support people need to reclaim as much independence as possible.”

Spacious, **safe** and homely

Craig Court has been designed to create a calm and safe environment where residents will feel at home while having every opportunity to develop and rediscover the skills for independent living.

As well as 14 en-suite rooms there are two self-contained flats. Residents can personalise their rooms with pictures and photos and there's lots of room for personal possessions.

In fact we're spoilt for space: there are plenty of lounges, accessible kitchens and laundry facilities. We even have a secure landscaped garden where residents can enjoy some fresh air, and catch up with friends and family.



Activities to suit everyone

Our activity coordinator plans a full and dynamic timetable of activities, Monday to Friday. This includes outings to the park and beach, arts and crafts, pampering sessions, cooking groups and gardening. Weekend activities are more relaxed and ad hoc, including visits to local shops, pubs, restaurants and the cinema.

Tasty meals

Food plays a big part in life at Craig Court. In fact, residents are supported to prepare their own meals as part of their individualised goal plans. All meals are provided and are tasty, nutritious, and prepared from fresh seasonal ingredients.



Tailored support, always

Our vision

To deliver high quality person-centred services that promote professional practice, and support the values and rights of every individual.

Our aim

Our aim is to empower individuals to live as fulfilling a life as possible and help them to meet their full potential as functioning, contributing members of their local community. We do this by ensuring that our staff are trained to the highest standards and continue to develop professionally throughout their careers with Care UK.

Our philosophy

We will provide each individual with a specialist service that encourages them to develop independent living skills in a comfortable home, and gives them the support to live a meaningful life in the local community.

We recognise the uniqueness of each person and treat each other with integrity and dignity.

We promote best practice in rehabilitation care, in a multidisciplinary and collaborative setting. We recognise that we are accountable for the care we provide within the scope of the recommendations and legislation set by the Care Inspectorate Scottish Social Services Council.

Our commitment

We are committed to promoting an evidence based support environment, collaborating with other healthcare professionals in a dynamic and supportive way to ensure the delivery of excellence, through the provision of truly person-centred services.

We are also committed to the promotion of ongoing learning, education, mentorship and professional growth, striving for excellence through continuous improvement.

Our support

The care and support we provide is based on a nationally recognised care planning model with an emphasis on rehabilitation and promoting independence.



Trained and experienced professionals

Rehabilitation

Each resident at Craig Court has their own individually tailored programme of rehabilitation which is delivered by a highly skilled team based at the service.

As well as 24-hour onsite nursing and carer support, residents have access to input from a GP, Rehabilitation Consultant and a Neuropsychology and Rehabilitation team.

People who stay at Craig Court benefit from the opportunity to test independent living skills to the full. Our teams work with the individuals they support to promote confidence and build self-esteem, ensuring a greater focus on gaining or regaining daily living skills than in most hospital settings.



Moving on: our integrated approach

We can offer a pathway of support on a privately funded basis, enabling an individual to continue towards independence following their discharge from Craig Court.

This support can take the form of:

- Supported living in a suitable flat or house
- Care and support at home, up to 24 hours a day
- Support into employment or education
- Respite care
- Short breaks or longer holidays (including access to our Loch Park Adventure Centre in Banffshire)



These services are available to purchase both for people who have been discharged from Craig Court and for those who haven't been through our ABI pathway.



Enabling independent living

We provide all types of support to encourage independent living, including:

Support with maintaining a healthy lifestyle

- Health and wellbeing
- Building on communication skills
- Personal care

Support with education and work

- Escorting and accompanying to college
- Gaining skills to find employment
- Support to attend voluntary work
- Building confidence to travel independently on public transport

Support around the home

- Housework and domestic cleaning
- Shopping
- Meal planning and preparation

Community inclusion

- Finding somewhere to live
- Feeling an active part of the community
- Building friendships and relationships
- Building on social skills

Support with fun and leisure activities

- Enjoying hobbies and interests
- Accessing activities in the local community
- Exercising and keeping active

A person-centred approach

We will:

- Aim to meet a wide range of support needs
- Create a truly person-centred plan
- Encourage new experiences and develop new or lost skills
- Provide flexible, local support based on the relationships already developed with the experienced team of professionals at Craig Court



Fees and funding

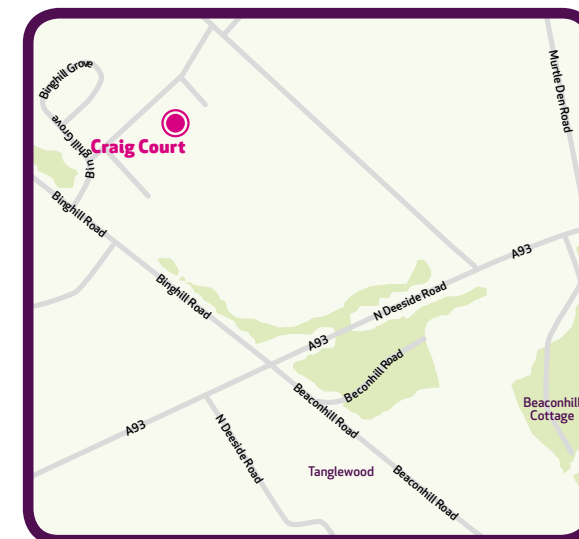
Our community based service is charged at a flat rate across Grampian with services offered by the hour or with block sleep-in night cover. The service can be purchased privately, through a direct payment, or via a local authority.

Contact us

For placement enquiries please call us on 0333 434 3128

Or email us at: craig.court@careuk.com

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careuk.com

careuklearningdisabilities.com

