



**Highbury
New Park
Day Club**

The Day Club at Highbury New Park offers personalised day care for older people who enjoy living in their own home, but may want a bit of company and support from time to time.

Improving everyday life

The chance to relax, socialise and have some fun every now and then has a hugely positive effect on our day guests. It can boost confidence and improve independence, making everyday tasks and life back at home that bit easier for everyone. This enables our guests to stay living in their own home for longer, whilst giving their carers a much needed break from time to time.



A home-from-home

We offer a warm, friendly, home-from-home environment where friends, old and new, can chat over tea, coffee and biscuits, join in our many stimulating activities or enjoy various forms of entertainment. Day Club visitors can also benefit from alternative therapies, such as chiropody, by appointment. Meals are included and snacks and drinks are available all day.

Specialised care

Naturally, the level of care needed by each person that comes to our Day Club can be completely different, but you can rest assured that our staff are specially trained carers and know exactly how to look after each and every guest. That way, we know our guests are getting the very best out of their time with us; and their carers can relax in the knowledge that their friend or loved one is happy, comfortable and most importantly, in safe hands.



Keeping active

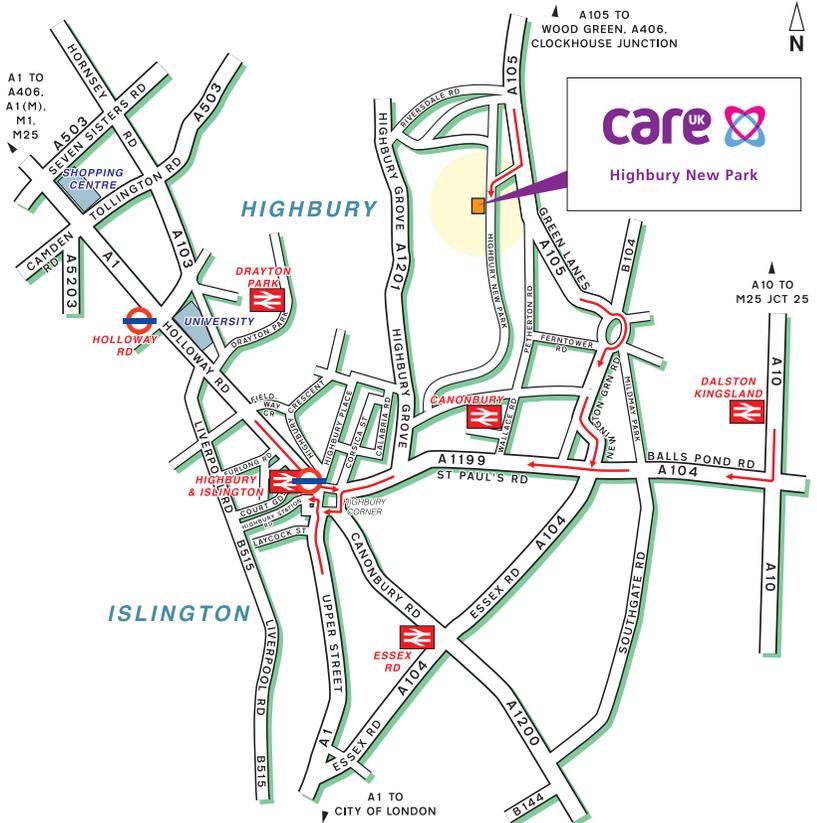
Our focus is on fulfilling lives and the importance of maintaining an active lifestyle remains at the heart of this philosophy. Every day, our specially trained Activities Coordinator organises games and events which are not only stimulating, but also a great deal of fun. One-to-one activities are also organised on a regular basis.



A convenient location
and the highest
standard of care...

If you think our Day Club could help to support you or a friend or relative why not visit us to find out more.

Our Day Club service is available 7 days a week from 8am to 6pm, so call now to book.



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