

Mercia Grange

Sutton Coldfield

Welcome to your
beautiful new home



A Care UK home



Step inside

Set foot inside Mercia Grange, our purpose-built home, and be prepared to leave the typical view of care homes behind.

At Mercia Grange you'll find our dedicated, experienced team delivering a range of quality care for older people in luxurious surroundings. We provide residential, nursing and respite care, through to specialist care for people living with Alzheimer's and other forms of dementia. From the building's design, to the members of our care team, and even the activities we plan - you'll find we give every thought to ensuring your loved one enjoys the best care while getting the most out of every day.

one of the country's leading independent providers of health and social care services. At Care UK we're proud of our reputation for exceptional standards of care, and at Mercia Grange these standards are evident in everything we do.

Our team is highly qualified and experienced. Above all their excellent standards of care are underpinned by a level of warmth and compassion that's truly impressive.

Trust us to care

Mercia Grange is one of a number of state-of-the-art care homes opened across Britain by Care UK,

"Our dedicated team provides a wide range of care services"









Let us care for you

We understand that having a loved one move into a care home can be a big change for all the family.

That's why we provide help and advice if you need emotional or practical support, or if you want to discuss ways of continuing to play a key role in your loved one's day-to-day care.

We believe in supporting each resident and their family in any way we can, especially if their needs or abilities change over time.

A designated member of the team works with each new resident, taking time to get to know them and understand their likes and dislikes in order to design a unique care plan that's personalised to their exact needs.

All the members of our care team receive regular training to ensure that they are up-to-date with good care practice, including the latest techniques in supporting people living with different forms of dementia. Our compassionate team have the utmost respect for residents and do all they can to protect their privacy, dignity and right to personal choice.

**"It's the people who really
make the difference"**

We always welcome visits from friends and family that are respectful of residents and their needs, and provide 24/7 telephone access. We are as keen as you to create a happy, fulfilling life for your loved one.





Making every meal a treat

The chefs at Mercia Grange pride themselves on producing fresh, seasonal and delicious meals every day.

What's more, there's always a good selection of tasty snacks and cakes on offer throughout the day - or night.

Good food with great friends

Meal times are always a big event at Mercia Grange. They're a chance to savour the tasty, always changing menus put together by our dedicated chefs - and to chat with friends or family.

Our chefs pride themselves on creating varied seasonal menus using carefully selected, fresh ingredients, with a focus on choice and nutrition, but above all, taste. We've plenty to tempt the most fastidious of appetites and our chefs meet with all new residents to discover more about their personal preferences.



Our chefs are trained in meeting the health and nutritional needs of every resident and catering for any specific dietary requirements. We can also meet the needs of people living with dysphagia - a condition which makes it hard to swallow - and prepare meals that are not only easier to swallow, but also look visually appealing.

Our care team ensure that all residents are provided with regular drinks and snacks. However if residents would like to prepare their own drink or snack, then that's not a problem, our care teams can support residents to use the kitchen areas or coffee shop themselves, whenever they wish.

Dining with dignity

Our dining experience enables residents to maintain their independence and includes the option of specially designed crockery and cutlery for those with any dexterity challenges.

Mealtimes are also an opportunity for socialising and residents are encouraged to invite close friends or relatives to dine with them if they wish. Our chefs are always cooking up something special to celebrate a birthday, anniversary or occasion - big or small.

“Everyone looks forward to meal times”









Luxury living for your loved one

Throughout the home you'll spot lots of little touches designed with your loved one's comfort, relaxation and entertainment in mind.



There are cosy, intimate lounges and sitting areas where they can relax and spend time with you.

Mercia Grange also has dedicated activity areas where residents can enjoy activities such as painting and listening to music, or take part in the many activities that our care teams have planned each day.

Dementia-friendly environment

By using the very latest thinking and research we have created an environment at Mercia Grange that best supports people living with dementia. This is evident not only in the design of the building but in the choice of decoration, furnishings and the state-of-the-art technology we've installed.

Contrasts and comfort

We've also used contrasting colour schemes around the home. As well as creating a bright and colourful atmosphere, this helps residents who are living with dementia to understand where they are and to feel more comfortable in their surroundings.



Other details around the home help to do the same, including memory boxes placed outside residents' rooms. These can be filled with objects familiar to them, so they can see at a glance that they've found their room. It also makes for great reminiscences with carers and friends.





Creating a sense of place

Mercia Grange has its own cinema, bar, coffee shop and hair salon - all designed to enable residents to continue enjoying a great lifestyle.



There's always something happening around the home. The coffee shop is the ideal place to catch up with visitors over a cappuccino, or the whole family can watch a film together in the cinema.

Residents who like getting out and about will love our location close to Sutton Coldfield town centre, and they're very welcome to continue visiting the local clubs and societies they belong to.

Part of the community

The community often comes to us too, including members of local clubs, charities, local schoolchildren and performers who pop in to entertain residents. Everyone gets a warm welcome.



We also believe in playing our part in supporting people in the local community who may be caring for loved ones at home. Throughout the year we run lots of free events at the home and welcome friends, family and the wider circle of the community to come along and join us. Keep an eye on our website or get in touch with us to find out when we're holding the next event.

**“There are lots of little
features around the home
that make you smile”**



Make yourself at home

The home has an attractive, contemporary design with large windows that fill the home with light.

Each floor - or suite - has its own lounge and dining area to create the feel of a small community and the home is fully accessible for wheelchair users.

Choice, space and luxury

All our dining rooms and lounges are individually decorated and themed, and each bedroom has been decorated differently to give new residents lots of choice.

All our bedrooms are spacious and designed to the highest standards, with luxurious furnishings and fittings. Everyone likes to have their own familiar things around them. That's why we encourage

residents to bring in personal items and pieces of furniture so they can make their rooms more homely and familiar.

Each bedroom has an en-suite wet room, flat-screen television, adjustable profile bed, 24-hour nursing call system, plus phone and internet connection points. There is also Wi-Fi throughout Mercia Grange for residents and visitors to use.

A beautiful outlook

On warm days the secure, landscaped gardens are a lovely place to spend time with visitors or just to watch the wildlife on the bird tables and feeders.







Keeping busy and enjoying each day

We believe in making meaningful activity an essential part of care, so that residents can live each day in the way they want.

The life story work that we do with each new resident and their family means that we know their interests and hobbies and understand how they like to fill each day. Knowing residents well, we then work together on a lifestyle plan that reflects their unique interests, so that they can enjoy experiences that feel meaningful and special.

The lifestyle team at Mercia Grange plans activities and experiences based around residents' interests and hobbies. Central to our approach is that every member of the home team is involved in delivering meaningful moments to residents, even if it's just a chat over a cup of tea.

Activity based care

When you visit us, you may find residents folding

laundry or laying the table for lunch, others might be helping the admin team with filing or be out in the garden keeping it looking lovely. We believe that living in a care home is no barrier to doing the everyday tasks that provide a sense of purpose.

Organised activities and outings

We plan a range of varied group activities that reflect residents' interests, from baking and music sessions to quizzes and seated exercise classes. We also understand the importance of spending quality one-to-one time with residents, doing whatever they would like to do. We believe in making meaningful activity an essential part of care, so that residents can live each day in the way they want.





We're here to help

We hope you like the sound of what Mercia Grange has to offer but appreciate that there's lots to think about. Get in touch with us to find out how we can help.

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